

Subject: Daily Prayer 29th April 2020
From: Vicky Pacey <vickyreadersapp@gmail.com>
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To: Anglican Church <anglicanpollenca@gmail.com>
BCC: kjgreenall@gmail.com

Dear everyone

Let's begin with a few moments of silence to prepare ourselves to meet with our Lord.....

Dear Lord

We thank you for this new day and for all the wonders which you reveal to us.
We thank you for the blessings which you bestow, for your love and for your deep, deep peace which passes all understanding. AMEN

Prayer of St Francis

Lord, make me an instrument of your peace; where there is hatred, let me sow love;
where there is injury, pardon; where there is doubt, faith; where there is despair, hope;
where there is darkness, light; and where there is sadness, joy. O Divine Master, grant
that I may not so much seek to be consoled as to console; to be understood, as to
understand; to be loved, as to love; for it is in giving that we receive, it is in pardoning that
we are pardoned, and it is in dying that we are born to Eternal Life. Amen.

Meditation by Canon Simon Stephens

Wednesday 29 April 2020

St Catherine of Sienna

Proper Psalm 66/vs 1 - 6

Praise for God's Goodness to Israel

To the leader. A Song. A Psalm.

Make a joyful noise to God, all the earth;

 sing the glory of his name;

 give to him glorious praise.

Say to God, 'How awesome are your deeds!

 Because of your great power, your enemies cringe before you.

All the earth worships you;

 they sing praises to you,

 sing praises to your name.'

Selah

Come and see what God has done:

 he is awesome in his deeds among mortals.

He turned the sea into dry land;

 they passed through the river on foot.

There we rejoiced in him,

Before we meditate together on verse 1 - 6 of this lovely psalm, please will you clear from your mind and your heart, all those anxieties and fears which prevent you from feeling close to God. Switch-off your smart phone and all other communication systems, and

wait for God to speak to YOU through the words of the Psalmist. Let's be completely silent together for the next 10 minutes. Thank you.

'Come and see what God has done, how awesome his works on man's behalf'. Surrounded by so much natural beauty as we are here in Pollenca, I suspect that it is very easy to take God's works for granted. But the Psalmist this morning, seeks to open our eyes to the Glory of God and he encourages us to feed daily on his beauty. He was well aware that the 'cares and anxieties' of this world blind each one of us to His love and creativity. Some years ago whilst serving as a chaplain in the Royal Navy's ice-breaker HMS Endurance, we spent a Summer in Antarctica. Now many of the sailors with whom I worked 'saw only' ice, snow and felt the bitter cold - and it was cold!! But I was captivated quite simply by its beauty. So two men serving on the same ship had two very different views of Antarctica! This morning's psalm is bursting with joy at the glory of the Lord ; and we are invited to enter his joy and enthusiasm. Have a good day!

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. Amen.

A Familiar Stranger
I saw a stranger today.
I put food for him
in the eating-place
And drink
in the drinking-place
And music
in the listening-place.

In the Holy name
of the Trinity
He blessed myself
and my family.
And the lark said in her warble
Often, often, often
Goes Christ
in the stranger's guise.

O, oft and oft and oft,
Goes Christ
in the stranger's guise.

(Celtic Rune of Hospitality)

And let us end with The Grace

The Grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit
be with us all evermore

Amen

