

**Subject:** Daily Prayer 1st June 2020 - Visit of the Blessed Virgin Mary to Elizabeth

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Good morning everyone

Let us begin with a few moments of silence to calm our minds.....

Almighty God, by whose grace Elizabeth rejoiced with Mary and greeted her as the mother of the Lord: look with favour on your lowly servants that, with Mary, we may magnify your holy name and rejoice to acclaim her Son our Saviour, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. All Amen

### **A reading from Paul's Letter to the Romans. Romans 12. 9-16**

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are.

### **Gospel Reading Luke 1. 39-56**

Alleluia, alleluia. Blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord. All Alleluia. Hear the Gospel of our Lord Jesus Christ according to Luke. Glory to you, O Lord. In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.' And Mary said, 'My soul magnifies the Lord, and my spirit rejoices in God my Saviour, for he has looked with favour on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants for ever.' And Mary remained with her for about three months and then returned to her home.

### **The Lord's Prayer**

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. Amen

O God,  
help me to trust you,  
help me to know that you are with me,  
help me to believe that nothing can separate me  
from your love  
revealed in Jesus Christ our Lord.  
**Amen.**

Go in peace to love and serve the Lord  
In the name of Christ  
AMEN

Blessings and prayers  
Vicky