

Subject: Daily Prayer Monday 15th June
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Good morning everyone

I suggest that you read today's prayers and verses in a meditative manner allowing anything which stands out to you form the basis of prayer.

As normal let us begin with stillness and silence as we calm our bodies and minds.....

Father God, help us to be gentle, with others and with ourselves. Give us, we pray, the calm that makes for consideration and the respect for others that makes us courteous. Take from us hard words and the cynical look. Let us be to others as we would wish them to be to us and, when we fail, forgive us and when they fail, heal us.....AMEN

Today's Psalm 5:1-5

Trust in God for Deliverance from Enemies

To the leader: for the flutes. A Psalm of David.
Give ear to my words, O LORD;
 give heed to my sighing.
Listen to the sound of my cry,
 my King and my God,
 for to you I pray.
O LORD, in the morning you hear my voice;
 in the morning I plead my case to you, and watch.

For you are not a God who delights in wickedness;
 evil will not sojourn with you.
The boastful will not stand before your eyes;
 you hate all evildoers.

Our Gospel reading for today - Matthew 5:38-42

Concerning Retaliation

'You have heard that it was said, "An eye for an eye and a tooth for a tooth." But I say to you, Do not resist an evildoer. But if anyone strikes you on the right cheek, turn the other also; and if anyone wants to sue you and take your coat, give your cloak as well; and if anyone forces you to go one mile, go also the second mile. Give to everyone who begs from you, and do not refuse anyone who wants to borrow from you.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our

trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. AMEN

Kindle in our hearts, O God,
the flame of love that never ceases,
that it may burn in us, giving light to others.
May it shine forever in your temple,
set on fire with your eternal light,
even your Son Jesus Christ,
our Saviour and our Redeemer. AMEN

Go in peace to love and serve the Lord
In the name of Christ
AMEN

Wishing you every blessing

Vicky