

Subject: Daily Prayer 11th June 2020
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Good morning again everyone

Today is the day of thanksgiving for the institution of Holy Communion (Corpus Christi)

Let's be still, be calm and be quiet for a while before we begin.....

For the first showings of the morning light
and the emerging outline of the day
thanks be to you, O God.

For earth's colours drawn forth by the sun
its brilliance piercing clouds of darkness
and shimmering through the leaves and
flowing waters
thanks be to you.

Show to me this day
amidst life's dark streaks of wrong and
suffering
the light that endures in every person.
Dispel the confusions that cling close to my
soul
that I may see with eyes washed by your
grace
that I may see myself and all people
with eyes cleansed by the freshness of the
new day's light.

I am your servant, the child of your serving-maid.
You have loosed my bonds.
I will offer to you a thanksgiving sacrifice
and call on the name of the LORD.
I will pay my vows to the LORD
in the presence of all his people,
in the courts of the house of the LORD,
in your midst, O Jerusalem.
Praise the LORD!

Psalm 116:10-end

What shall I return to the LORD
for all his bounty to me?
I will lift up the cup of salvation
and call on the name of the LORD,
I will pay my vows to the LORD
in the presence of all his people.
Precious in the sight of the LORD
is the death of his faithful ones.
O LORD, I am your servant;

John 6:51-58

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

Refection

I am the living bread. Our daily staple diet. Through this extraordinary gift of the Eucharist, God identifies himself not just with humanity, but with the material world. Through this food, we become part of God as he becomes part of us. What we receive in the small piece of bread or the sip of wine at the Eucharist is the gift of life from Jesus. This is a sharing in the life of God; in the fragility of the bread and wine is strong food, and joyful drink - 'fruit of God's creation and work of human hands'. It is the gift of God who became one of us. It is the gift of love with sacrifice.

If we have put ourselves out for others in big or small ways, or have cried for another's woes or laughed for another's joy, or held a hand in sympathy or just listened when there were no answers, we know the quality of this gift. In the Eucharist God is close in his creation, In Jesus we can recognise God near at hand. The mind may have questions about what Jesus says but He leads us to appreciate the closeness to which he calls us. 'Eat', 'live' and 'abide' are all words that belong to the home. Jesus invites us to bring anything in our lives that is unsettled or out of place, that it may find its home in him.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. Amen

May Christ the light of the world come to us and fill our lives with His glory. May he give us the power to do His will and serve him, whose service is perfect freedom. And may the blessing of God Almighty, Father, Son and Holy Spirit be with us and our loved ones always. AMEN

Go in peace to love and serve the Lord
In the name of Christ
AMEN

Blessings
Vicky