

**Subject:** Daily Prayer 10th July 2020

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Good morning

Another lovely new day to rest and wait for God as we pray.....Let's be still and quiet for a while.....

Read the Psalm and gospel prayerfully and slowly expecting the Lord to draw you to a word or phrase. Meditate on that and pray.....

Father,  
through the obedience of Jesus,  
your servant and your Son,  
you raised a fallen world.  
Free us from sin  
and bring us the joy that lasts for ever.  
We ask this through our Lord Jesus Christ, your Son

### **Psalm 80**

#### **Prayer for Israel's Restoration**

To the leader: on Lilies, a Covenant. Of Asaph. A Psalm.  
Give ear, O Shepherd of Israel,  
you who lead Joseph like a flock!  
You who are enthroned upon the cherubim, shine forth  
before Ephraim and Benjamin and Manasseh.  
Stir up your might,  
and come to save us!

Restore us, O God;  
let your face shine, that we may be saved.

O LORD God of hosts,  
how long will you be angry with your people's prayers?  
You have fed them with the bread of tears,  
and given them tears to drink in full measure.  
You make us the scorn of our neighbours;  
our enemies laugh among themselves.

Restore us, O God of hosts;  
let your face shine, that we may be saved.

### **Matthew 10:16-23**

#### **Coming Persecutions**

'See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves. Beware of them, for they will hand you over to councils and flog you in their synagogues; and you will be dragged before governors and kings because of me, as a testimony to them and the Gentiles. When they hand you over, do not worry about how you are to speak or what you are to say; for what you are to say will be given to you at that time; for it is not you who speak, but the Spirit of your Father speaking through you. Brother will betray brother to death, and a father his child, and children will rise against parents and have them put to death; and you will be hated by all because of my name. But the one who endures to the end will be saved. When they persecute you in one town, flee to the next; for truly I tell you, you will not have gone through all the towns of Israel before the Son of Man comes.

## Reflection

This is a passage which speaks to me in many ways but especially

'When they hand you over, do not worry about how you are to speak or what you are to say; for what you are to say will be given to you at that time; for it is not you who speak, but the Spirit of your Father speaking through you.'

As you know I am writing reflections at the moment but I also occasionally preach. I sometimes worry about this and about saying the 'right' thing. However I always try to remember that it is not a message from me but that I receive the ideas through prayer and I am just a channel. So I always pray about my message, pray about my words and pray about those who will hear or receive the message. I also do this in everyday life and the times that I have come from a meeting or a coffee with a friend and asked myself afterwards - Where did that come from?

My message is this do not worry but take everything to God in prayer and let His words be your words.....

## Philippians 4:6-7

Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

## The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. Amen

Blessed are you, Lord our God, in your love you care for all creation.

You do not turn away any who come to you.

You come to meet the seekers and provide refreshment for all who hunger and thirst.

You care for the broken and the fragmented and want nothing to be lost.

Blessed are you, Father Son and Holy Spirit. AMEN

Go in peace to love and serve the Lord  
In the name of Christ  
AMEN

Blessings until tomorrow

Vicky