

Subject: Daily Prayer 11th July 2020
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Good morning and welcome to this beautiful day

Let's take a few moments to be still and quiet to allow ourselves to attune before we begin.....

Loving God,
you seek to rescue us from our troubles and are with us in our dangers.
be our strength and guide at all times and help us to know you are with us always.
In Jesus name. AMEN

Psalm 51

Prayer for Cleansing and Pardon

To the leader. A Psalm of David, when the prophet Nathan came to him, after he had gone into Bathsheba.

Have mercy on me, O God,
according to your steadfast love;
according to your abundant mercy
blot out my transgressions.
Wash me thoroughly from my iniquity,
and cleanse me from my sin.

For I know my transgressions,
and my sin is ever before me.
Against you, you alone, have I sinned,
and done what is evil in your sight,
so that you are justified in your sentence
and blameless when you pass judgement.
Indeed, I was born guilty,
a sinner when my mother conceived me.

You desire truth in the inward being;
therefore teach me wisdom in my secret heart.
Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than snow.

Matthew 10:24-33

'A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

Whom to Fear

'So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows. 'Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

Reflection

Jesus makes the point that God knows everything about us, down to the number of hairs we have on our heads. God cares deeply about each of us and God always will take care of us. We do not need to be afraid, even when life is difficult. The challenge for us is that when life is painful and difficult, most of us naturally become afraid, it is a natural human instinct. It is not that we don't have faith in Jesus. Rather, we simply may be overwhelmed by the challenges and difficulties in our lives. And it may seem that there is no solution however Jesus tells us: "Even the hairs of your head are counted! So do not be afraid; you are worth more than many sparrows." Let's take a moment and bring any worries or anxieties before Jesus now. May Jesus bless us with deep trust and deep peace. That deep, deep peace which passes all understanding.

Lord, thank you that you value and love me so much. Help me to know your love, to trust in you and not to be afraid. AMEN

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. AMEN

Go in peace to love and serve the Lord
In the name of Christ. AMEN

Blessings and love
Until tomorrow
Vicky x