

Subject: Daily Prayer 8th July 2020
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Date: 08/07/2020, 08:00
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Good morning

Let's rest for a few moments and calm our bodies and minds and invite the Holy Spirit to guide us today.....

Blessed are you, Lord our God,
for you come to us and abide with us always.
Your light scatters the darkness from before us
and you invite us to let this shine through us
and reveal you to the world.
In your love help us to be children of the light.
In the name of the Father, the Son and the Holy Spirit. AMEN

Romans 7:15-25a

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

Talk from Rev Bill Boyce based on the above reading from last Sunday

<https://youtu.be/tF7egmXtl9U>

Thank you Bill

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. AMEN

Go in peace to love and serve the Lord

In the name of Christ. AMEN

Blessings and love
Until tomorrow
Vicky x