

**Subject:** Daily Prayer 4th August 2020  
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Good morning everyone

Let's begin this beautiful morning by pausing and waiting for Jesus to touch our hearts.....

We remember all those who are isolated through illness.  
We pray for those who are in hospital or in a home and who have no visitors.  
We remember those in our community who are ill at home or in hospital.  
In Jesus name we pray. AMEN

### **Psalm 102:16-21**

For the LORD will build up Zion;  
he will appear in his glory.  
He will regard the prayer of the destitute,  
and will not despise their prayer.

Let this be recorded for a generation to come,  
so that a people yet unborn may praise the LORD:  
that he looked down from his holy height,  
from heaven the LORD looked at the earth,  
to hear the groans of the prisoners,  
to set free those who were doomed to die;  
so that the name of the LORD may be declared in Zion,  
and his praise in Jerusalem,

### **Matthew 15:1-2, 10-14**

#### **The Tradition of the Elders**

Then Pharisees and scribes came to Jesus from Jerusalem and said, 'Why do your disciples break the tradition of the elders? For they do not wash their hands before they eat.'

#### **Things That Defile**

Then he called the crowd to him and said to them, 'Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles.' Then the disciples approached and said to him, 'Do you know that the Pharisees took offence when they heard what you said?' He answered, 'Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit.'

#### **Reflection**

The power of words....

This reading is about the power of words.....

Our words can build someone up.....OR...tear someone down. It is not 'what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles.'

We need to be careful in what we say and once again I invite you before you speak to Pause.....Pray.....and only then to proceed.'

### **The Lord's Prayer**

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. AMEN

The grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with us all evermore. AMEN

Go in peace to love and serve the Lord  
In the name of Christ. AMEN

Blessings and love  
Vicky