

Subject: Daily Prayer 5th August 2020
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Good morning

Let's be still, quiet and pause before we begin.....

Teach us Lord, to live in love and harmony with those around us.
Let there be peace and harmony in our dealings, in our homes and in our hearts.
May we never oppress or hurt anyone through word or deed.
In Jesus name. AMEN

Psalm 121

Assurance of God's Protection

A Song of Ascents.
I lift up my eyes to the hills—
from where will my help come?
My help comes from the LORD,
who made heaven and earth.

He will not let your foot be moved;
he who keeps you will not slumber.
He who keeps Israel
will neither slumber nor sleep.

The LORD is your keeper;
the LORD is your shade at your right hand.
The sun shall not strike you by day,
nor the moon by night.

The LORD will keep you from all evil;
he will keep your life.
The LORD will keep
your going out and your coming in
from this time on and for evermore.

Matthew 15:21-28

The Canaanite Woman's Faith

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, 'Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.' But he did not answer her at all. And his disciples came and urged him, saying, 'Send her away, for she keeps shouting after us.' He answered, 'I was sent only to the lost sheep of the house of Israel.' But she came and knelt before him, saying, 'Lord, help me.' He answered, 'It is not

fair to take the children's food and throw it to the dogs.' She said, 'Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.' Then Jesus answered her, 'Woman, great is your faith! Let it be done for you as you wish.' And her daughter was healed instantly.

Reflection

This woman shows great persistence; she did not allow the disciples' irritation or Jesus' offhand remark to put her off. She knew what she wanted and she trusted that Jesus could help. I pray that our faith may have something of her clarity and persistence. Like the woman in the gospel, we come before Jesus bringing others in our prayers. As we pray for those we love, we also grow an appreciation of their goodness and ask for blessings for them. Think again of how they are blessings for us and give thanks.

Have you been interrupted by someone that needed help especially when you were tired? Maybe you were also hungry and thirsty, just arrived home from work. Deep inside you knew you must raise that person up because they needed some healing, love or support or just a listening ear. Perhaps just a little of what you had. Like Jesus, when you give a needed crumb, God's grace touches the "other person." Yet, unlike Jesus, we must be careful to rest in-between, so that grace can fill us and remove our weariness.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. AMEN

The grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with us all evermore. AMEN

Go in peace to love and serve the Lord
In the name of Christ. AMEN

Blessings and love
Vicky