

**Subject:** Daily Prayer 23rd September 2020  
**From:** Vicky Pacey <vickyreadersapp@gmail.com>  
**Date:** 23/09/2020, 08:00  
**To:** Vicky Pacey <vickyreadersapp@gmail.com>  
**BCC:** kjgreenall@gmail.com

Good morning and welcome to our daily prayer,

Let's rest and be still as we begin.....

We remember in your presence all who are pilgrims and seekers,  
those who long for your love and wish to serve you.

We ask you to guide any who feel that they have lost their way  
and put too much trust in material things alone.

In Jesus name we pray. AMEN

### **Psalm 119:105-112**

Your word is a lamp to my feet  
and a light to my path.

I have sworn an oath and confirmed it,  
to observe your righteous ordinances.

I am severely afflicted;  
give me life, O LORD, according to your word.

Accept my offerings of praise, O LORD,  
and teach me your ordinances.

I hold my life in my hand continually,  
but I do not forget your law.

The wicked have laid a snare for me,  
but I do not stray from your precepts.

Your decrees are my heritage for ever;  
they are the joy of my heart.

I incline my heart to perform your statutes  
for ever, to the end.

### **Luke 9:1-6**

#### **The Mission of the Twelve**

Then Jesus called the twelve together and gave them power and authority over all demons and to cure diseases, and he sent them out to proclaim the kingdom of God and to heal. He said to them, 'Take nothing for your journey, no staff, nor bag, nor bread, nor money—not even an extra tunic. Whatever house you enter, stay there, and leave from there. Wherever they do not welcome you, as you are leaving that town shake the dust off your feet as a testimony against them.' They departed and went through the villages, bringing the good news and curing diseases everywhere.

#### **Reflection**

This is such a well known excerpt from Luke. Travel light!

Today's Gospel may prompt us to ask ourselves - What is it that we truly do need? What can we let go of? This inventory can include our physical belongings as well as our emotional baggage. What is Jesus asking us to release or to leave behind? What do we no longer need? Maybe we need to do a rethink of our situations, our possessions and our needs.

What can we put aside? What might be useful to someone else? It may be small or it might be significant. If we are ready to let go of a 'physical and tangible item', this may encourage us to free ourselves of one piece of our emotional baggage. I must admit that I am a hoarder - you know those silly things which may just come in useful one day. I am going to have a sort of my possessions because just maybe someone needs them, and I really don't. I am going to donate spare bedding, warm clothes and other items to Caritas, the local charity which we support at St.Andrew's.....

Today, ask Jesus to give you the wisdom to choose what to let go of. It may be difficult, but in the end you will feel freer and lighter. Traveling lightly has many advantages! Try it! You may realize that you like not having to lug around so much baggage! AMEN

### **The Lord's Prayer**

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. AMEN

The grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with us all evermore. AMEN

Go in peace to love and serve the Lord  
In the name of Christ. AMEN

Blessings and love  
Vicky