

**Subject:** Daily Prayer 9th September 2020  
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Good morning

Shall we rest quietly before commencing.....

Blessed are you Lord God,  
for you love us with everlasting love,  
you never leave us or forsake us.  
Help us to look for your blessings every day  
And to praise you for all that you give us.  
In Jesus name we pray. AMEN

### **Psalm 45:11-end**

and the king will desire your beauty.

Since he is your lord, bow to him;  
the people of Tyre will seek your favour with gifts,  
the richest of the people with all kinds of wealth.

The princess is decked in her chamber with gold-woven robes;  
in many-coloured robes she is led to the king;  
behind her the virgins, her companions, follow.  
With joy and gladness they are led along  
as they enter the palace of the king.

In the place of ancestors you, O king, shall have sons;  
you will make them princes in all the earth.  
I will cause your name to be celebrated in all generations;  
therefore the peoples will praise you for ever and ever.

### **Blessings and Woes**

Then he looked up at his disciples and said:

'Blessed are you who are poor,  
for yours is the kingdom of God.

'Blessed are you who are hungry now,  
for you will be filled.

'Blessed are you who weep now,  
for you will laugh.

'Blessed are you when people hate you, and when they exclude you, revile you, and  
defame you on account of the Son of Man. Rejoice on that day and leap for joy, for surely  
your reward is great in heaven; for that is what their ancestors did to the prophets.

'But woe to you who are rich,  
for you have received your consolation.

'Woe to you who are full now,  
for you will be hungry.  
'Woe to you who are laughing now,  
for you will mourn and weep.

'Woe to you when all speak well of you, for that is what their ancestors did to the false prophets.

### **Reflection**

When we are struggling with the woes, it may be helpful to sit down and focus on the blessings we are experiencing. This may give us some perspective. We may realize that even though life may not be what we would like it to be, we receive many blessings every single day. True, they may seem like small blessings: a smile, a phone call from a friend, the beauty of the sunset or a hug from someone you love, but they still are blessings. A few years ago I bought a small notebook and I write down every day of blessings. Yesterday it rained all day but I was blessed to see a flock of swallows sheltering where I was working - they were beautiful and removed all signs of 'woe' they turned it to a 'wow'!

When we are in the 'woes' of life, look for beauty, laughter, or quiet and remember to thank the Lord for all that he gives us. AMEN

### **The Lord's Prayer**

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. AMEN

The grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with us all evermore. AMEN

Go in peace to love and serve the Lord  
In the name of Christ. AMEN

Blessings and love  
Vicky