

**Subject:** Daily Prayer 6th October 2020  
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Good morning

Let's be quiet and still before we begin.....

Lord Jesus, let your peace fill my heart,  
my actions and my days.  
Let your peace be known in my life,  
in my work and in all my dealings.  
Help me to be an instrument of your peace  
and to share your peace with others.  
In Jesus name we pray. AMEN

### **Psalm 139**

#### **The Inescapable God**

To the leader. Of David. A Psalm.  
O LORD, you have searched me and known me.  
You know when I sit down and when I rise up;  
you discern my thoughts from far away.  
You search out my path and my lying down,  
and are acquainted with all my ways.  
Even before a word is on my tongue,  
O LORD, you know it completely.  
You hem me in, behind and before,  
and lay your hand upon me.  
Such knowledge is too wonderful for me;  
it is so high that I cannot attain it.

Where can I go from your spirit?  
Or where can I flee from your presence?  
If I ascend to heaven, you are there;  
if I make my bed in Sheol, you are there.  
If I take the wings of the morning  
and settle at the farthest limits of the sea,

### **Luke 10:38-end**

#### **Jesus Visits Martha and Mary**

Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, 'Lord, do you not care that my sister has left me to do all the

work by myself? Tell her then to help me.' But the Lord answered her, 'Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her.'

## Reflection

I love this passage and I can really feel a real empathy for Martha. I have always been a doer and an organiser. However the more I study and soak in the Word of God, the more I am able to understand Mary and even imitate her....to rest in the Bible teachings.

We are after all human 'beings' rather than 'human doings' and as such Jesus teaches us to 'be'. To rest in His word to meditate on the bible passages and to understand the many beautiful messages within the bible. If we take time to read the word every day and to quietly sit and reflect then the messages become clearer to us and that deep deep peace which passes all understanding can descend upon us and carry us through our day. Time spent with God is not time 'wasted' as some people would try to make us think....but is precious time to grow in our faith and in our walk with our Lord.

Try to make some time each day to do this.....

In Jesus name AMEN

## The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. AMEN

The grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with us all evermore. AMEN

Go in peace to love and serve the Lord  
In the name of Christ. AMEN

Blessings and love

Vicky