

**Subject:** Morning Prayer 21st October 2020  
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Good morning

Be still and rest quietly before we begin.....

O God, forasmuch as without you  
we are not able to please you;  
mercifully grant that your Holy Spirit  
may in all things direct and rule our hearts;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. AMEN

### **Psalm 111**

#### **Praise for God's Wonderful Works**

Praise the LORD!  
I will give thanks to the LORD with my whole heart,  
in the company of the upright, in the congregation.  
Great are the works of the LORD,  
studied by all who delight in them.  
Full of honour and majesty is his work,  
and his righteousness endures for ever.  
He has gained renown by his wonderful deeds;  
the LORD is gracious and merciful.  
He provides food for those who fear him;

he is ever mindful of his covenant.  
He has shown his people the power of his works,  
in giving them the heritage of the nations.  
The works of his hands are faithful and just;  
all his precepts are trustworthy.  
They are established for ever and ever,  
to be performed with faithfulness and uprightness.  
He sent redemption to his people;  
he has commanded his covenant for ever.  
Holy and awesome is his name.  
The fear of the LORD is the beginning of wisdom;  
all those who practise it have a good understanding.  
His praise endures for ever.

### **Philippians 2:1-13**

#### **Imitating Christ's Humility**

If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. Let each of you look not to your own interests, but to the interests of others. Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death—even death on a cross.

Therefore God also highly exalted him  
and gave him the name  
that is above every name,

so that at the name of Jesus  
every knee should bend,  
in heaven and on earth and under the earth,  
and every tongue should confess  
that Jesus Christ is Lord,  
to the glory of God the Father.

Therefore, my beloved, just as you have always obeyed me, not only in my presence, but much more now in my absence, work out your own salvation with fear and trembling; for it is God who is at work in you, enabling you both to will and to work for his good pleasure.

### **Reflection**

Wow! Doesn't the Lord always put before us exactly what we need to read?

At prayer time after the Eucharist last night this was EXACTLY what we were discussing!

'Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. Let each of you look not to your own interests, but to the interests of others. Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself,'

We discussed how praying and emptying ourselves of 'SELF' we were then able to carry forth the Lord's message using whichever gifts had been bestowed to us.

For Paul, it's a picture he paints of a community where selfishness and personal gain are put away. This happiness comes where each looks after the other, where humility finds pride of place – serving, not being served; this joy is made complete as all take on the example and the mind of Christ who laid down his life for those he loved. AMEN

### **The Lord's Prayer**

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. AMEN

The grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with us all evermore. AMEN

Go in peace to love and serve the Lord

In the name of Christ. AMEN

Blessings and love  
Vicky