

Subject: Daily Prayer 11th November 2020
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Good morning everyone

Let us be still and quiet before we begin.....

Lord, as we enter into the stillness, calm our hearts and minds.
Let all the storms within us cease, and enfold us in your peace.
We come in weakness to you for strength;
we come in our sinfulness for your forgiveness;
we come wearied by life for your refreshing grace;
we come out of our darkness to your love and light.
Lord, renew, refresh, restore us by your presence and your power. AMEN

Psalm 23

The Divine Shepherd

A Psalm of David.
The LORD is my shepherd, I shall not want.
He makes me lie down in green pastures;
he leads me beside still waters;
he restores my soul.
He leads me in right paths
for his name's sake.

Even though I walk through the darkest valley,
I fear no evil;
for you are with me;
your rod and your staff—
they comfort me.

You prepare a table before me
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.
Surely goodness and mercy shall follow me
all the days of my life,
and I shall dwell in the house of the LORD
my whole life long.

Reflection

I remember learning this Psalm when I was a child but it has far more meaning to me now than it did then. Psalm 23 is like a hymn of thanksgiving to our God who blesses us so abundantly.

When we stop and think about it, do we regularly thank God for the abundant gifts that are given to us each day? It is easy for us to just take them for granted. Most of the gifts we receive during the day are not spectacular. Typically they are fairly ordinary: a thank you, a helping hand, a "how are you?" Yet these simple gifts from another person speak of care, concern and thoughtfulness! Today may we strive to be awake to how God is present to us and is blessing us. Let us give thanks to God for the many gifts we will receive this day!

As we said on our Lluc retreat last year - and in our 'PrayerTime' last night. Look all the time for 'what sparkles' for what is special. Maybe a sunrise, wild flowers, a birdsong..... Look for God's many blessings to us.and say 'Thank you'. AMEN

Luke 17: 11-19

Jesus Cleanses Ten Lepers

On the way to Jerusalem Jesus was going through the region between Samaria and Galilee. As he entered a village, ten lepers approached him. Keeping their distance, they called out, saying, 'Jesus, Master, have mercy on us!' When he saw them, he said to them, 'Go and show yourselves to the priests.' And as they went, they were made clean. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. He prostrated himself at Jesus' feet and thanked him. And he was a Samaritan. Then Jesus asked, 'Were not ten made clean? But the other nine, where are they? Was none of them found to return and give praise to God except this foreigner?' Then he said to him, 'Get up and go on your way; your faith has made you well.'

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For

thine is the kingdom, the power, and the glory for ever and ever. AMEN

The grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with us all evermore. AMEN

Go in peace to love and serve the Lord
In the name of Christ. AMEN

Blessings and love
Vicky